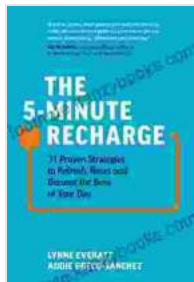


31 Proven Strategies to Refresh, Reset, and Become the Boss of Your Day



The 5-Minute Recharge: 31 Proven Strategies to Refresh, Reset, and Become the Boss of Your Day

by Lynne Everatt

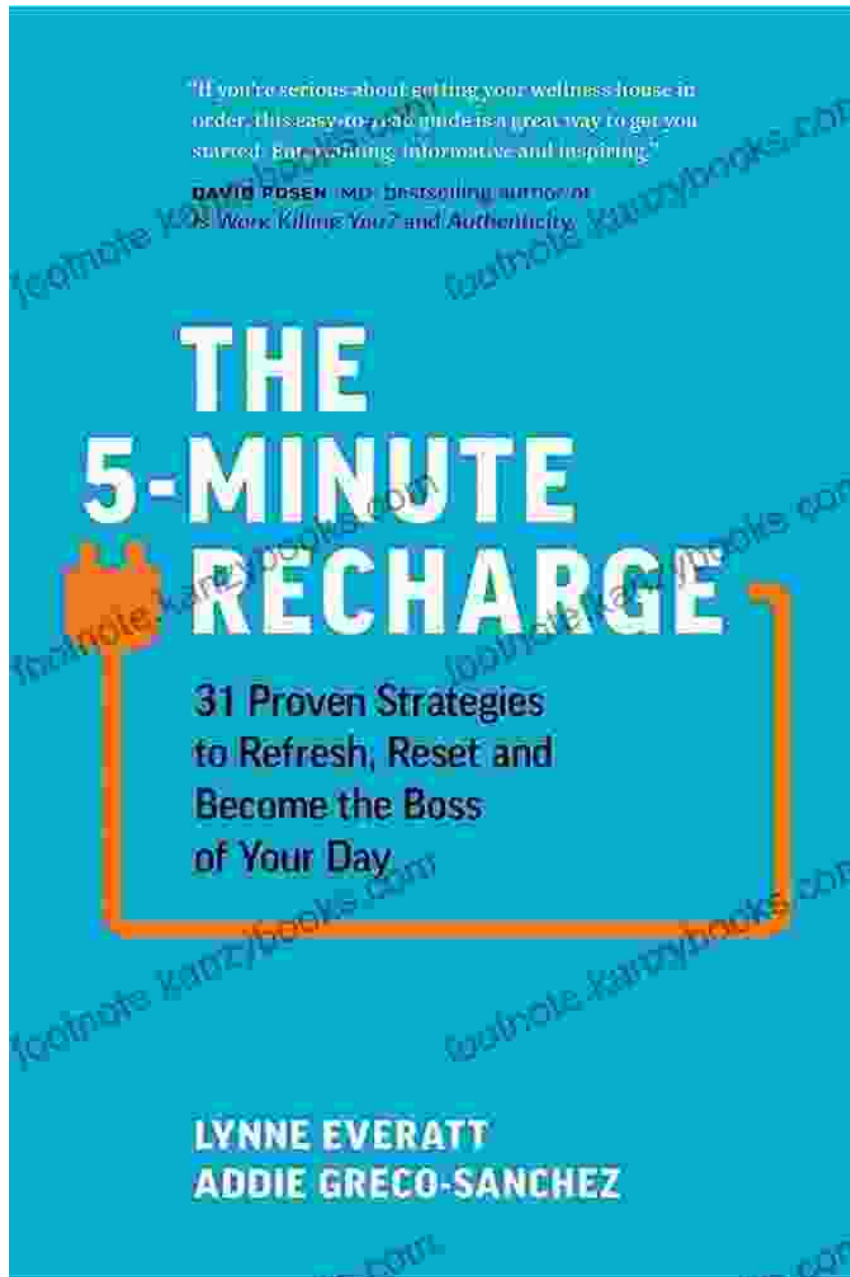
★★★★☆ 4.2 out of 5

Language : English
File size : 3063 KB
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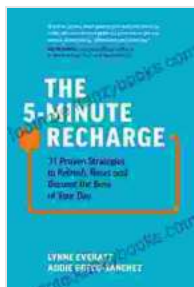
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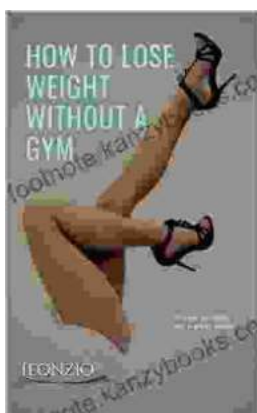


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