

Addiction Is a Choice: A Roadmap to Recovery



Addiction Is a Choice by Jeffrey A. Schaler

★★★★☆ 4.4 out of 5

Language	: English
File size	: 825 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 179 pages



By Jeffrey Schaler

Addiction is a disease that affects millions of people worldwide. It can ruin lives, families, and communities. But addiction is also a choice. You can choose to overcome addiction and live a fulfilling life.

In his groundbreaking book, *Addiction Is Choice*, Jeffrey Schaler provides a roadmap to recovery. Schaler has over 30 years of experience working with people struggling with addiction. He has helped thousands of people overcome addiction and reclaim their lives.

In *Addiction Is Choice*, Schaler shares his proven methods for overcoming addiction. He offers practical tools and insights that will help you:

- * Understand the nature of addiction
- * Break free from the cycle of addiction
- * Develop healthy coping mechanisms
- * Build a support system

Stay sober for the long term

Schaler's approach to recovery is based on the belief that addiction is a choice. He believes that you have the power to choose recovery. He also believes that recovery is a process. It takes time and effort, but it is possible.

If you are struggling with addiction, *Addiction Is Choice* is a must-read. Schaler's proven methods will help you overcome addiction and live a fulfilling life.

Here is what people are saying about *Addiction Is Choice*:

"Jeffrey Schaler has written a powerful and inspiring book. *Addiction Is Choice* is a must-read for anyone struggling with addiction or for anyone who loves someone who is struggling with addiction." - Dr. Drew Pinsky

"*Addiction Is Choice* is a groundbreaking book that offers hope to those struggling with addiction. Schaler's proven methods will help you overcome addiction and live a fulfilling life." - Dr. Phil McGraw

"*Addiction Is Choice* is a must-read for anyone who wants to understand addiction and recovery. Schaler's insights are invaluable." - Oprah Winfrey

Free Download your copy of *Addiction Is Choice* today and start your journey to recovery!

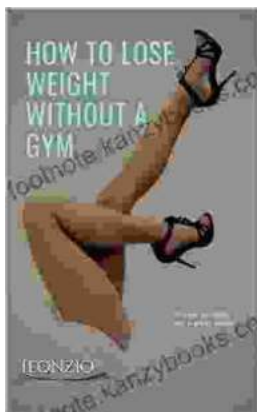
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