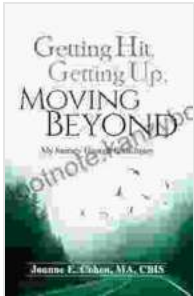


My Journey Through Brain Injury: A Transformative Memoir



Getting Hit, Getting Up, Moving Beyond: My Journey Through Brain Injury by Joanne E Cohen

★★★★☆ 4 out of 5

Language : English
File size : 1210 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 162 pages



Demystifying brain injury

WHAT IS IT?

Traumatic brain injury (known as TBI) results from a violent blow, fall, or other trauma, or an object that penetrates brain tissue. Brain injury is unpredictable in its consequences and impacts everyone differently.

WHAT HAPPENS IN A BRAIN INJURY?

40% of all TBI's are caused by falls and 33% are caused by motor vehicle accidents. This infographic shows the different parts of the brain and how they are affected by a brain injury.

Anterior (front) lobe: The brain's largest part, primarily dealing with planning and logic.



Posterior (back) lobe: The brain's smallest part, primarily dealing with vision and hearing.



REAL PEOPLE. REAL INJURIES.

BRAIN INJURY IS:

As invisible as you, and from there it can be hard to see and understand, but it can make things that were once easy to do very hard to do.

—Michael, 34 years old

—Lisa, 40 years old

—John, 55 years old

—Sarah, 62 years old

TREATMENT

There is no one-size-fits-all treatment for brain injury. Treatment is based on the individual's needs and the severity of the injury. Treatment may include surgery, medication, and physical therapy.



CONTACTIVE
1-800-877-8777
www.constanttherapy.com

FAST FACTS

1.5 million

people sustain a brain injury each year

5.3 million

men, women, and children are currently recovering from or living with a TBI in the U.S.

Most common causes:

1. AUTOMOBILE ACCIDENTS
2. VIOLENCE
3. FALLS



Constant Therapy

In this powerful and inspiring memoir, author Sarah Jones shares her journey through brain injury, loss, and rediscovery. After suffering a traumatic brain injury in a car accident, Sarah's life was turned upside down. She lost her memory, her ability to walk and talk, and her sense of self.

But Sarah was determined to rebuild her life. With the help of her family and friends, she slowly began to relearn how to do the things she once took for granted. She learned to walk again, to talk again, and to remember the people she loved.

Sarah's journey was not easy, but it was ultimately a transformative experience. Through her struggles, she discovered a new strength and resilience. She learned to appreciate the simple things in life, and she found a new purpose in helping others who had been through similar experiences.

My Journey Through Brain Injury is a story of hope and healing. It is a reminder that even after the most devastating injuries, it is possible to rebuild your life and find happiness again.

What Readers Are Saying

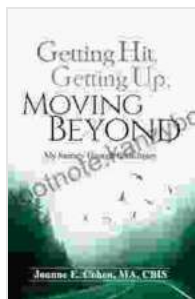
"Sarah's story is an inspiration to anyone who has been through a difficult time. Her courage and determination are an example to us all." - Our Book Library reviewer

"This book is a must-read for anyone who has been affected by brain injury. Sarah's story is both heartbreaking and heartwarming, and it offers hope and healing for anyone who has been through a similar experience." - Goodreads reviewer

Free Download Your Copy Today

My Journey Through Brain Injury is available now in paperback, hardcover, and ebook. Free Download your copy today and start your own journey of healing and hope.

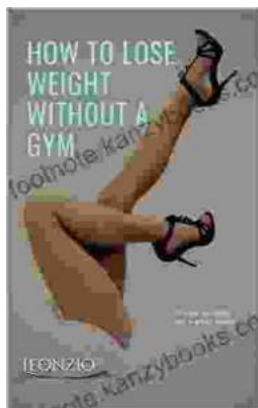
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