

Practicing Peace in Times of War: A Transformative Guide for Navigating Conflict

In the face of conflict, violence, and war, it can seem impossible to find peace. But peace is not the absence of conflict; it is the ability to live in harmony with ourselves, others, and the world around us, even in the midst of turmoil.

Practicing Peace in Times of War is a transformative guide that offers practical tools and insights for navigating conflict with compassion, resilience, and nonviolence. Authors Dr. J. Bryan Loy and Dr. Susan J. Tebb, both experienced peacebuilders and conflict resolution experts, draw on their decades of experience to provide a roadmap for finding peace in even the most challenging times.



Practicing Peace in Times of War: A Buddhist

Perspective by Richard Wolf

★★★★☆ 4.6 out of 5

Language	: English
File size	: 667 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
X-Ray	: Enabled
Word Wise	: Enabled
Print length	: 113 pages



What You'll Learn in *Practicing Peace in Times of War*

- How to cultivate inner peace and resilience in the face of adversity
- The principles of nonviolent communication and conflict resolution
- Strategies for addressing trauma and healing wounds
- How to build bridges between opposing groups and create a culture of peace
- The importance of hope and forgiveness in times of war

Who Should Read *Practicing Peace in Times of War*

This book is essential reading for anyone who is living in or working in a conflict zone, or who is simply seeking to live in peace in a troubled world. It is also an invaluable resource for peacebuilders, conflict resolution practitioners, aid workers, and anyone else who is committed to creating a more peaceful world.

Praise for *Practicing Peace in Times of War*

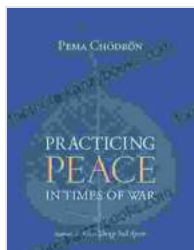
"This book is a lifeline for anyone who is struggling to find peace in the midst of conflict. It offers practical tools and insights that can help us to navigate the challenges of war and violence with compassion, resilience, and nonviolence." - Desmond Tutu, Nobel Peace Prize Laureate

"*Practicing Peace in Times of War* is a must-read for anyone who wants to understand the dynamics of conflict and how to create a more peaceful world. This book is filled with wisdom, compassion, and practical advice." - Dr. Jane Goodall, DBE, Founder of the Jane Goodall Institute

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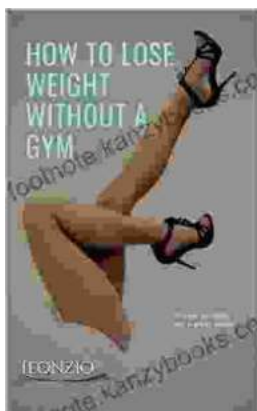


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