

Slowitdown CKD 2024

By Gail Rae Garwood, RN



SlowitDownCKD 2024 by Gail Rae-Garwood

★★★★☆ 4.1 out of 5

Language	: English
File size	: 2267 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 241 pages
Lending	: Enabled



Chronic kidney disease (CKD) is a progressive condition that affects millions of people worldwide. CKD can lead to end-stage renal disease (ESRD), which requires dialysis or a kidney transplant. There is no cure for CKD, but there are things you can do to slow its progression and improve your quality of life.

Slowitdown CKD 2024 is a comprehensive guide to slowing the progression of CKD. Written by Gail Rae Garwood, a registered nurse with over 20 years of experience in nephrology, this book provides practical advice on managing CKD and preventing its progression to ESRD.

This book covers a wide range of topics, including:

- The causes and risk factors of CKD

- The symptoms of CKD
- The different stages of CKD
- The treatment options for CKD
- The lifestyle changes that can help slow the progression of CKD

Slowitdown CKD 2024 is an essential resource for anyone with CKD. This book provides the information and tools you need to take control of your CKD and improve your quality of life.

About the Author

Gail Rae Garwood is a registered nurse with over 20 years of experience in nephrology. She is the author of several books on CKD, including *The CKD Handbook* and *The CKD Diet Cookbook*. Gail is a passionate advocate for people with CKD, and she is committed to providing them with the information and support they need to live full and healthy lives.

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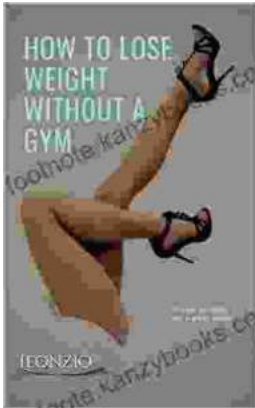


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