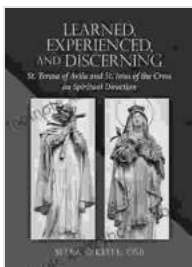


St Teresa of Avila and St John of the Cross on Spiritual Direction

A Guide to the Interior Life

St Teresa of Avila and St John of the Cross are two of the most influential figures in the history of Christian spirituality. Their writings on spiritual direction have been a source of guidance and inspiration for countless people over the centuries. This book brings together their teachings on this essential aspect of the Christian life.



Learned, Experienced, and Discerning: St. Teresa of Avila and St. John of the Cross on Spiritual Direction

by Mark O'Keefe

★★★★☆ 4.8 out of 5

Language : English
File size : 329 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 184 pages
Lending : Enabled



St Teresa of Avila was a Spanish mystic and reformer who lived in the 16th century. She founded the Discalced Carmelites, a reformed branch of the Carmelite Free Download. St John of the Cross was a Spanish mystic and poet who lived in the 16th century. He was a member of the Discalced Carmelites and a close friend and collaborator of St Teresa of Avila.

Both St Teresa of Avila and St John of the Cross had a deep understanding of the spiritual life. They wrote extensively about the stages of spiritual growth, the importance of prayer and meditation, and the need for guidance from a spiritual director. Their teachings on spiritual direction are essential reading for anyone who wants to grow in their relationship with God.

This book is divided into two parts. The first part contains a selection of St Teresa of Avila's writings on spiritual direction. The second part contains a selection of St John of the Cross's writings on this topic.

The writings of St Teresa of Avila and St John of the Cross are a valuable resource for anyone who wants to learn more about spiritual direction. This book is a helpful guide to their teachings on this essential aspect of the Christian life.

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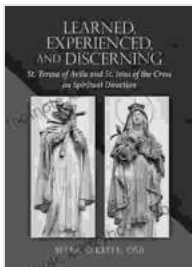
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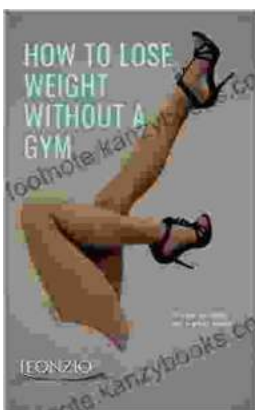


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