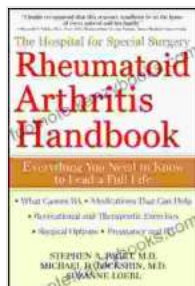


Take Control of Rheumatoid Arthritis: The Hospital For Special Surgery Rheumatoid Arthritis Handbook



The Hospital for Special Surgery Rheumatoid Arthritis Handbook: Everything You Need to Know by Stephen A. Paget

★★★★☆ 4.5 out of 5

Language : English
File size : 4593 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 288 pages

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"I highly recommend that this resource handbook be in the home of every patient and his family."

—Kosmin B. Yisler, M.D., Head of the Rheumatology Section, Yonkers Mount Sinai Medical Center, South

The Hospital for Special Surgery

Rheumatoid Arthritis Handbook

Everything You Need to Know
to Lead a Full Life

- What Causes RA • Medications That Can Help
- Recreational and Therapeutic Exercises
- Surgical Options • Pregnancy and RA

STEPHEN A. PAGET, M.D.
MICHAEL D. LOCKSHIN, M.D.
SUZANNE LOEBL

Rheumatoid arthritis (RA) is a chronic autoimmune disease that causes inflammation of the joints, leading to pain, stiffness, and swelling. It can affect people of all ages, but it is most common in women. RA can be a debilitating disease, but with proper treatment, many people with RA can live full and active lives.

The Hospital For Special Surgery (HSS) is a world-renowned leader in the treatment of RA. The HSS Rheumatoid Arthritis Handbook is a comprehensive guide to RA, written by the hospital's top experts. This book provides everything you need to know about RA, including:

- * The latest advancements in RA treatment and management *
- Personalized treatment plans for different stages of RA *
- Practical strategies for managing pain, stiffness, and swelling *
- Inspiring stories from people with RA who have regained their quality of life

If you are living with RA, The HSS Rheumatoid Arthritis Handbook is the essential resource you need to take control of your condition and live a full and active life.

What is Rheumatoid Arthritis?

RA is a chronic autoimmune disease that causes inflammation of the joints. The inflammation can damage the joints, leading to pain, stiffness, and swelling. RA can also affect other organs in the body, such as the lungs, heart, and eyes.

RA is most common in women, but it can affect people of all ages. The exact cause of RA is unknown, but it is thought to be triggered by a combination of genetic and environmental factors.

Symptoms of Rheumatoid Arthritis

The symptoms of RA can vary from person to person. Some of the most common symptoms include:

* Joint pain, stiffness, and swelling * Fatigue * Loss of appetite * Weight loss * Fever * Muscle aches * Skin rashes * Eye problems * Lung problems

Diagnosis of Rheumatoid Arthritis

There is no single test that can diagnose RA. Your doctor will likely use a combination of tests to rule out other conditions and confirm a diagnosis of RA. These tests may include:

* Physical exam * Blood tests * X-rays * MRI scans

Treatment of Rheumatoid Arthritis

The goal of RA treatment is to reduce inflammation and pain, prevent joint damage, and improve overall function. There is no cure for RA, but with proper treatment, most people with RA can live full and active lives.

Treatment options for RA include:

* Medications * Surgery * Physical therapy * Occupational therapy * Lifestyle changes

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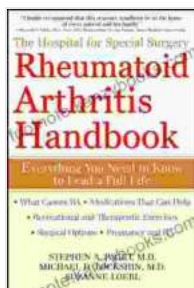
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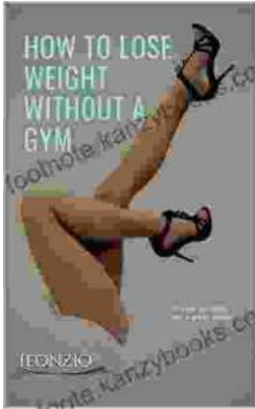


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