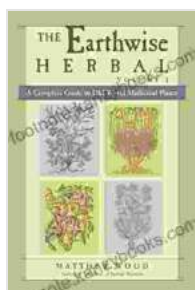


The Earthwise Herbal: A Comprehensive Guide to Herbal Medicine

The Earthwise Herbal is a comprehensive guide to herbal medicine, providing detailed information on over 200 herbs, their medicinal uses, and how to use them safely and effectively.



The Earthwise Herbal, Volume I: A Complete Guide to Old World Medicinal Plants by Matthew Wood

★★★★☆ 4.8 out of 5

Language	: English
File size	: 5482 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
X-Ray	: Enabled
Word Wise	: Enabled
Print length	: 593 pages



Written by renowned herbalist Matthew Wood, The Earthwise Herbal is a valuable resource for anyone interested in using herbs for health and healing. Wood has over 30 years of experience working with herbs, and he shares his knowledge and insights in this book.

The Earthwise Herbal is divided into three parts.

1. The first part of the book provides a general overview of herbal medicine, including information on the history of herbalism, the

different ways to use herbs, and how to safely and effectively use herbs.

2. The second part of the book is a materia medica, which provides detailed information on over 200 herbs.
3. The third part of the book includes recipes for herbal teas, tinctures, salves, and other herbal preparations.

The Earthwise Herbal is a valuable resource for anyone interested in using herbs for health and healing. Wood's writing is clear and concise, and he provides a wealth of information on the safe and effective use of herbs.

What You'll Learn from The Earthwise Herbal

- The history of herbalism
- The different ways to use herbs
- How to safely and effectively use herbs
- Detailed information on over 200 herbs
- Recipes for herbal teas, tinctures, salves, and other herbal preparations

Who Should Read The Earthwise Herbal?

The Earthwise Herbal is a valuable resource for anyone interested in using herbs for health and healing, including:

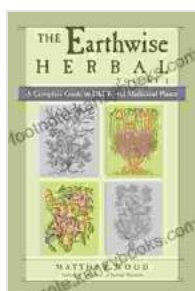
- Herbalists
- Naturopaths

- Chiropractors
- Massage therapists
- Yoga teachers
- Anyone interested in natural healing

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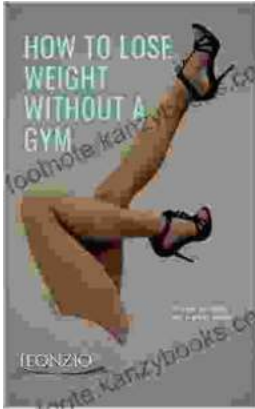


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